

## GODLINESS THROUGH DISCIPLINE WORKSHEET

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Instructions: Carefully read the booklet *Godliness Through Discipline* by Jay Adams and complete the following questions. As much as possible, include Scripture references.

1. Why do so many people fail in their attempts to become Godly?
2. What is the *secret* to Godliness?
3. What is the goal to which every believer must discipline himself/herself?
4. What does “perfect Godliness” mean?
5. What is the *first* step to learning discipline?
6. What does Paul mean when he writes, “You are a new creature; all things have become new?”
7. What does “discipline” mean?
8. How is “taking up the cross” relative to disciplining towards Godliness?
9. *Who* is it that enables a believer to put off the old man and put on the new man?
10. What is “habit”?
11. What leads to a life of Godliness?

12. What are *two* possible results of practice?
13. Can you make a change and start to live a life that really will be Godly?
14. How *long* does it take of proper daily effort for one to feel comfortable in performing a new practice?
15. How many more weeks will it take to make the practice a part of oneself?
16. What is the one outstanding *failure* among Christians?
17. How are Godly patterns developed and made a part of us?
18. According to 2 Ti. 3:16, what are *four* things the Scriptures will do for the believer?
  - (1)
  - (2)
  - (3)
  - (4)
19. *When* does the Holy Spirit help God's people?
20. *How* can I be more Godly?